

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	3 6-7pm Muay Thai (SE)	4 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	5 6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	6 1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	7 8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
8	9 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	10 6-7pm Muay Thai (SE)	11 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	12 6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	13 1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	14 8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
15	16 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	17 6-7pm Muay Thai (SE)	18 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	19 6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	20 1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF) Lloyd "Albie" McKinney Fights for LFA in Wichita, KS Watch on UFC Fight Pass	21 8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
22	23 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	24 6-7pm Muay Thai (SE)	25 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	26 Happy Thanksgiving!	27 1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	28 8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
29	30 1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)			IWTC INSTRUCTORS (IM) = Ian Maland (JF) = Jon Froh (LNJ) = Lil Nick Johnson (NJ) = Nick Johnson (SE) = Shea Ealey		