

January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE)	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
10	11	12	13	14	15	16
	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE)	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
17	18	19	20	21	22	23
	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE)	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
24	25	26	27	28	29	30
	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE)	1-2:45pm Pursuit Youth Boot Camp 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	6-7pm Muay Thai (SE) 7-8pm MMA/Sparring	1-2:45pm Pursuit Youth Boot Camp 6:15-7pm Beginner Jiu Jitsu (JF)	8-8:45am Boot Camp (LNJ) 9-9:45am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu (IM)
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				A river cuts through a rock not because of it's power, but it's persistence.		IWTC INSTRUCTORS (IM) = Ian Maland (JF) = Jon Froh (LNJ) = Lil Nick Johnson (NJ) = Nick Johnson (SE) = Shea Ealey