

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4-5pm Fight Camp	2 9-10am Women's Jiu Jitsu (OB) 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	3 6-7pm Muay Thai (SE) 7-8pm Fight Camp	4 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	5 6-7pm Muay Thai (SE) 7-8pm Fight Camp	6 11-1pm Pursuit Youth Fitness (LNJ) 6-7pm Beginner Jiu Jitsu (JF)	7 8-9am Pursuit Athlete Advantage (LNJ) 9:15-10am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu-NoGi (IM)
8 4-5pm Fight Camp	9 9-10am Women's Jiu Jitsu (OB) 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	10 6-7pm Muay Thai (SE) 7-8pm Fight Camp	11 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	12 6-7pm Muay Thai (SE) 7-8pm Fight Camp	13 11-1pm Pursuit Youth Fitness (LNJ) 6-7pm Beginner Jiu Jitsu (JF)	14 8-9am Pursuit Athlete Advantage (LNJ) 9:15-10am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu - NoGi (IM)
15 4-5pm Fight Camp	16 9-10am Women's Jiu Jitsu (OB) 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	17 6-7pm Muay Thai (SE) 7-8pm Fight Camp	18 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF) 8-9pm Pursuit Athlete Advantage (LNJ)	19 6-7pm Muay Thai (SE) 7-8pm Fight Camp	20 11-1pm Pursuit Youth Fitness (LNJ) 6-7pm Beginner Jiu Jitsu (JF)	21 8-9am Pursuit Athlete Advantage (LNJ) 9:15-10am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu - NoGi (IM)
22 4-5pm Fight Camp	23 9-10am Women's Jiu Jitsu (OB) 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	24 6-7pm Muay Thai (SE) 7-8pm Fight Camp	25 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF) 8-9pm Pursuit Athlete Advantage (LNJ)	26 6-7pm Muay Thai (SE) 7-8pm Fight Camp	27 11-1pm Pursuit Youth Fitness (LNJ) 6-7pm Beginner Jiu Jitsu (JF)	28 8-9am Pursuit Athlete Advantage (LNJ) 9:15-10am Youth Jiu Jitsu (IM or JF) 10-11am Open Boxing 10-10:45am Adult Jiu Jitsu - NoGi (IM)
29 4-5pm Fight Camp	30 9-10am Women's Jiu Jitsu (OB) 11-1pm Pursuit Youth Fitness (LNJ) 5:15-6pm Boxing (NJ) 5:30-6pm Youth Jiu Jitsu (JF) 6:15-7pm Adult Jiu Jitsu (JF)	31 6-7pm Muay Thai (SE) 7-8pm Fight Camp			IWTC INSTRUCTORS (IM) = Ian Maland (JF) = Jon Froh (LNJ) = Lil Nick Johnson (NJ) = Nick Johnson (OB) = Olivia Beeskau (SE) = Shea Ealey	